

DECEMBER 2022 LUNCH MENU 1130-0001

1-5 YR. OLDS

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Beef Tacos Green Salad * peas Peaches	2 Sunbutter & Jelly Sandwich (WGR) Broccoli Pears
5 Chicken Patty *CNL on a roll (WGR) Mixed Fruit Green Beans	6 Hot Ham & Cheese Brown Rice (WGR) Carrots *Cooked Carrots Applesauce	7 Butternut Squash Risotto w/ Parm Cheese Mozzarella Cheese Stick Peaches	8 Cheese Pizza (WGR) Yams Bananas	9 Homemade Macaroni and Cheese Bread & Butter (WGR) Peas Pears
12 Meat Loaf Mashed Potatoes Green Beans Pears	13 Goulash Whole Wheat Roll (WGR) Corn Mandarin Oranges *Banana	14 Meat Loaf Brown Rice (WGR) Squash Peaches	15 Taco w/ Beef Lettuce & Tomato Green Beans Mixed Fruit	16 Grilled Cheese Sandwich (WGR) Peas Cantaloupe
19 Sunbutter & Jelly Sandwiches (WGR) Carrots * Cooked Carrots Banana	20 Chicken Nuggets Brown Rice (WGR) Green Salad Peaches	21 Black Bean Taco w/ lettuce and tomato Peas Pears	22 Cheese Pizza (WGR) Chef Salad Bananas	23 EACN CLOSED
26 EACN CLOSED	27 Fish shapes *CNL Brown Rice Peas Pears	28 Hamburger on a bun (WGR) Broccoli Peaches	29 Turkey Sandwich (WGR) Cooked Carrots Mandarin Oranges	30 Sweet and Sour Meatballs Brown Rice (WGR) Corn Peaches

*INFANTS AGES 1-2

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED
SKIM MILK (2-5yrs), WHOLE MILK (1-2) IS SERVED WITH LUNCH